

Super Bio-Curcumin® Turmeric Extract

60 vegetarian capsules | Item # 00407

Highly-absorbable curcumin for whole-body health support



4.8

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Curcumin from turmeric has multiple health benefits. It promotes a healthy inflammatory response, supports immune system function, promotes cardiovascular health, and helps fight oxidative stress.

Gluten free | Non-GMO | Vegetarian

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Overview

What Is Super Bio-Curcumin?

Curcumin is a bona-fide super food—but its hard to absorb. So we make our curcumin formula with the highly-absorbable BCM-95® Bio-Curcumin® extract. BCM-95® is up to seven times more absorbable than standard curcumin. BCM-95® stays in your bloodstream longer as well.

Curcumin is good for your brain, heart, and immune system. And with BCM-95® Bio-Curcumin® extract, you'll absorb more of it.

Super Bio-Curcumin® Benefits

- Offers whole-body health benefits for nearly every organ system
- Up to seven times more absorbable than standard curcumin

- Helps inhibit inflammatory factors to support joint and vital organ health
- Promotes cardiovascular health, brain health, and immune response
- Better together: take with **Pro Resolving Mediators** for maximum health benefits



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See [ConsumerLab.com](https://www.ConsumerLab.com) for more information.

BCM-95® Bio-Curcumin®

Curcumin helps inhibit inflammation to support joint comfort, encourages a healthy immune response, promotes cardiovascular health and more. But it's difficult to absorb curcumin. That's why our Super Bio-Curcumin® formula uses BCM-95® Bio-Curcumin®, which is up to seven times more absorbable than standard curcumin extracts and remains in the bloodstream almost twice as long.

Super Bio-Curcumin® Turmeric Extract

Why Should I Supplement With Super Bio-Curcumin® Turmeric Extract?

If you're going to take only one supplement, it should be curcumin. Why? This turmeric extract benefits nearly

every organ in your body, especially your brain, heart and your immune system. But, it can be difficult for the body to absorb. That's why our health experts looked to the latest science to formulate our Super Bio-Curcumin® Turmeric Extract.

Formulated with an ultra-potent curcumin extract that's up to seven times more absorbable than standard curcumin, it remains in the bloodstream almost twice as long so you can absorb the healthy goodness from this golden spice.

Support your whole-body health with our highly absorbable curcumin. Try Super Bio-Curcumin® Turmeric Extract today.

Reviewed by **Dr. Michael A. Smith, MD**: Director of Education and Spokesperson for Life Extension.

Product Details

Super Bio-Curcumin® contains ultra-potent BCM-95®, a curcumin extract found to be up to seven times more absorbable than standard curcumin in a clinical study.¹ BCM-95® remains in the bloodstream longer as well: in this single-dose bioavailability study, BCM-95® absorbed earlier and retained longer than both standard curcumin and a curcumin-lecithin-piperine compound.¹

Health benefits of curcumin

Inhibits inflammation – Curcumin extract inhibits inflammatory factors like NF-kappaB,^{2,3} which can affect your joints. Curcumin also inhibits the metabolism of arachidonic acid, as well as the activities of cyclooxygenase, lipoxygenase, and cytokines.^{4,5}

Brain and immune system health – Curcumin extract promotes immune system health by inhibiting inflammatory factors in the body.⁶⁻⁸ Curcumin can also benefit your mind. Studies suggest that curcumin supports healthy brain function and offers neuro-protective benefits.⁹⁻¹¹

Digestive, joint, and pancreatic health – Evidence suggests that curcumin helps promote healthy bowel function and joint health.¹²⁻¹⁵ Curcumin also supports healthy pancreatic function by encouraging pancreatic islet health.¹⁶

Antioxidant support – Curcumin provides antioxidant protection.^{17,18} Curcumin also promotes cardiovascular health by supporting healthy cholesterol levels already within normal range, helping to inhibit vascular inflammation, and more.¹⁹

Add curcumin to your health regimen

No whole-body health regimen is complete without curcumin. So choose a formula made with highly-absorbable BCM-95® Bio-Curcumin®. Try once-daily Super Bio-Curcumin® today!

These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 vegetarian capsule

Amount Per Serving

BCM-95® Bio-Curcumin® turmeric 25:1 extract (root) [std. to 95% Total Curcuminoids Complex with Essential Oils of Turmeric Rhizome by HPLC (380 mg)]	400 mg
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Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, stearic acid, silica.

Non-GMO

Bio-Curcumin® and BCM-95® are registered exclusive licensed trademarks to Arjuna Natural Pvt. Ltd.

Dosage and Use

- Take one (1) capsule daily with food, or as recommended by a healthcare practitioner.

Warnings

- KEEP OUT OF REACH OF CHILDREN
- DO NOT EXCEED RECOMMENDED DOSE
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

To report a serious adverse event or obtain product information, contact 1-866-280-2852.

Actual Size

Pill Size Image

References

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Editor's Pick



How to Find High Quality Curcumin

Curcumin from turmeric is a supplement on demand. But what is curcumin? What curcumin is best? How can I tell?

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*Ratings based on results of the 2026 ConsumerLab.com Survey of Supplement Users. Omega-3 EPA/DHA ratings based on results of the 2025 ConsumerLab.com Survey of Supplement Users. Multivitamin rating based on results of the 2024 ConsumerLab.com Survey of Supplement Users. For more information, visit www.consumerlab.com/survey.

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