

MEDICATIONS or TREATMENTS

Last Name:	First	Ht:	Wt:	BSA:	Page #:	
Month Day Year						Dietary Supplements
Course # DOS						B
						B Carotene
						C
						Ca++
						CoQ ¹⁰
						CoQE-d-alpha
						E-Gamma
						Garlic (aged)
						Genistein
						Hydroxamic Acid
						L-Carnitine
						Lycopene
						Se
						SOD
						Green Tea
						TMG
PT INR						
WBC						
PMN's LYMPHS						
HCT%						
PLATELETS						
Na ⁺ K ⁺						
BUN CREAT						
GLUCOSE						
Ca++ P						
Albumin Globulin						
Bilirubin Alk Phos						
SGOT SGPT						
TSH T4						
hs-CRP homocysteine						
Chol Total TG						
LDL HDL						
Blood Pressure						
Weight						

Table 2: The Flow Sheet. The flow sheet uses the dimension of TIME to show how treatment or simply observation may be affecting a biomarker (response parameter). The front of the flow sheet is focused on the laboratory parameters. This is done in the context of also listing the patient's current medications and their doses in order to determine if any laboratory result is being affected by a treatment or therapy. Using the flow sheet improves the quality of the physician's care of the patient. Trends are easily seen and adverse effects due to therapy are easily noted.