

## GI Pathogen Profile, multiplex PCR

### **Before you start:**

Please read all of the directions and familiarize yourself with the collection procedures. If you are taking antifungal or antibiotic medications, please finish the course of medication and then wait three days before starting this collection. Please refrain from taking digestive enzymes, antacids and aspirin for two days prior to and during the specimen collection, unless otherwise instructed by your physician. Refrain from taking probiotic supplements for two weeks prior to specimen collection unless instructed otherwise by your physician. Never discontinue prescription medications with out first consulting your physician.

**GI Pathogen Profile specimens must be shipped THE SAME DAY COLLECTED. If we receive the specimen more than 4 days after collection, we will cancel the test.**

### **Verify Kit Contents:**

- 1 Test Requisition Form
- 1 Collection Container
- 1 Yellow-Capped Vial
- 1 Disposable Glove
- 1 Zip-lock Bag with Absorbent Material
- 1 FedEx Clinical Pak with Billable Stamp

### **Collection Instructions:**

1. Collect your stool specimen into the collection container. DO NOT contaminate the specimen with either urine or water from the toilet.
2. Unscrew the cap on the yellow-capped vial and using the attached spoon, transport stool specimen into the vial. Take multiple portions from different areas of the collection container. Add stool until the total volume of stool and liquid reaches the FILL line. DO NOT overfill. Screw the cap tightly.
3. Shake the yellow-capped vial vigorously for approximately 30 seconds to mix the stool specimen with the preservative in the vial.
4. Write the patient's name, the date of collection and the patient's date of birth on the specimen vial. (You do NOT have to provide an ID number. The lab will assign one upon arrival.) **The test cannot be performed without the patient information on the vial.**
5. Place the yellow-capped vial in the zip-lock bag, then place the bag into the cardboard shipping box.

6. Fill out the test requisition form completely. **The test cannot be performed without a properly filled out requisition.** Place the form in the cardboard shipping box. The specimen in snow ready for shipment.
7. **GI Pathogen Profile specimens must be shipped the same day collected. If we receive the specimen more than 4 days after collection, we will cancel the test.**

### **FedEx Shipping Instructions**

1. Ship specimens Monday through Friday.
2. Place the cardboard kit box containing the specimen and the completed test requisition form in to the FedEx Clinical Pak.
3. Write your name and address in the space provided on the prepaid Billable stamp and tear off the Customer Receipt for your records.
4. To schedule a pickup call FedEx toll-free at 1-800-463-3339. When you hear the automated greeting, say "Schedule a Pick-up". At the next prompt, say "Schedule a Pick-up with a "Label or Stamp". You will be asked if the word "Stamp" is written on the waybill; reply YES. You will be asked if your pickup location is a residence or a business; respond with your location type. You will then be prompted for address information.

**Do not use a drop box.** FedEx will not accept specimens placed into a drop box.

If you choose to use a different courier or level of service than provided, you must make your own shipping arrangements at your own expense.

**CAUTION:** Avoid contact of the skin and eyes with the fluid in the vials. For eye contact, flush with water thoroughly for 15 minutes. For skin contact, wash thoroughly with soap and water. For accidental ingestion, contact your physician immediately.