The stool specimens for this test must be collected on three separate days. It is preferable, but not necessary, to collect on consecutive days but the final collection must be made within seven days of the first.

**DAY 1 COLLECTION**
- Use Contents from DAY 1 Bag
- Make sure that the patient’s name, date of birth and the date of collection are written on the vial.
- Remove the cap from the BLACK top vial and add stool following the instructions on page 4.
- Place the BLACK top vial back into the DAY 1 zip-lock bag.
- Store bags in refrigerator prior to shipping. **Do not freeze.**

**DAY 2 COLLECTION**
- Use Contents from DAY 2 Bag
- Place the BLACK top vial back into the DAY 2 zip-lock bag.

**DAY 3 COLLECTION**
- Use Contents from DAY 3 Bag
- Remove the caps from the YELLOW top vial and the BLACK top vial and add stool following the instructions on page 4. Place the YELLOW top vial and the BLACK top vial back into the DAY 3 zip-lock bag. Store bag in refrigerator prior to shipping. **Do not freeze.**

**PREPARE THE PACKAGE**
1. **Fill out the Test Requisition.** The test cannot be performed without a properly filled out requisition.
   - Patient name, date of birth, gender, and date of collection is recorded
   - Payment type is completed and payment included, if required
2. **Place DAY 1, DAY 2 and DAY 3 collection bags into the kit box.** Place any unused vials (in collection bags) in the box. Place the Test Requisition into the kit box and close.
3. **Place kit box inside the Clinical Pak.** Write your name and address on the Billable Stamp and tear off the Customer Receipt for your records. Place on FedEx Clinical Pak. **Please ship as soon as possible.** To obtain the best results, Doctor’s Data recommends shipping specimens as soon as possible. If you cannot ship the specimens the same day you finish the collection, such as over a weekend or holiday, place the cardboard box containing the YELLOW and BLACK top vials into a refrigerator until you are ready to ship the test collection kit.

**SCHEDULE A PICK-UP (USA ONLY)**
- Call FedEx toll-free at 1-800-463-3339 (1-800-GO FEDEX). At the greeting, say “Schedule a Pick-up.” When prompted, say “Schedule a Pick-up using a Label or Stamp.” Reply “Yes” when asked if the word “Stamp” is written on the waybill. You will then be asked for your address information. **DO NOT USE A DROP BOX.**
- In some cases, Doctor’s Data provides prepaid shipping from certain countries outside the United States. If that policy pertains to this collection kit, then country specific shipping materials (including an Air Waybill and instructions) will be included in the kit contents. If there are not any shipping materials included or you choose to use a different courier or level of service than provided, you must make your own shipping arrangements at your own expense.

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**SHIPPING**

**Culture, PCR + Parasitology**

**COLLECTION INSTRUCTIONS**

**STOOL SPECIMEN**
**IMPORTANT PREP INFO**

**BEFORE YOU START:** Please read all of the instructions carefully before beginning. Consult your physician for specific instructions and before stopping any medications.

**WHICH BAG CONTENTS TO USE**

Patients will collect stool over 1, 2, or 3 days, depending on the order from the physician. Confirm this detail before stool collection.

**DAY 1 BAG**
- *BLACK top vial* (Glove, Absorbent material)

**DAY 2 BAG**
- *BLACK top vial* (Glove, Absorbent material)
- *YELLOW top vial* (Glove, Absorbent material)

**DAY 3 BAG**
- *BLACK top vial* (Glove, Absorbent material)

**DISCONTINUE THE FOLLOWING**

**2 weeks before test**
- Antibiotics, antiparasitics, antifungals, or probiotic supplements, proton pump inhibitors (PPIs) and Bismuth

**2 days before test**
- Aspirin and other NSAIDs, digestive enzymes, laxatives (particularly mineral oil, castor oil, and glycerin enemas/suppositories), activated charcoal, betaine HCl, antacids or bentonite clay

**OTHER INFORMATION**

- Do not collect samples when there is active bleeding from hemorrhoids or menstruation
- Wait at least 4 weeks from a colonoscopy or barium enema before collecting
- Do not contaminate the stool with urine or water

**MAKE SURE TO USE THE CORRECT VIALS FOR EACH DAY OF COLLECTION.**

See Page 5 for more details.

**HOW TO COLLECT YOUR STOOL SAMPLE**

Write the patient’s name, date of birth and the date collected on each specimen vial. The **test cannot be performed without the patient information on the vials.**

1. Put on glove and collect stool into the paper collection container supplied. If possible, void urine prior to collecting stool to avoid mixing it with the stool sample.

2. Remove the cap from the vial and using the attached spoon transfer stool specimen into the vial. Take multiple portions from different areas of the collection container.

3. Add enough stool until it reaches the fill line. **DO NOT OVERFILL.** Screw the cap on tightly.

4. Shake the vial vigorously for approximately 30 seconds to mix stool with preservative.

Make sure to use the correct vials for each day of collection. See Page 5 for more details.