

LAB RESULTS

Last Name	Lab ID	Specimen Number	Time Collected	Date Entered	Time Reported
PANEL	373920	094-828-5301-0	4/4/2014 12:00 AM	4/4/2014	4/9/2014 10:07 AM
First Name	Middle Initial	Phone	Control Number	Account Number	Account Phone Number
NUTRIENT				09134075	954-766-8433
Date of Birth	Age	Sex	Fasting	Physician Name	Physician ID
07/21/1968	45	M		LaPorta M	1720168826
Address			Account Address		

LIFE EXTENSION / NATIONAL DIAGNOSTICS, INC
5990 NORTH FEDERAL HIGHWAY, FT. LAUDERDALE, FL 33308

Tests Ordered

Vitamin B12 and Folate; Vitamin D, 25-Hydroxy; Coenzyme Q10, Total; Vitamin C; Zinc, Plasma or Serum; Vitamin A, Serum; Magnesium, RBC; Selenium, Se

Name: NUTRIENT PANEL
Lab ID: 373920

FINAL REPORT

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4/9/2014 11:32:51 AM

Pick: *70325709*

70325709

Mail To: NUTRIENT PANEL
844 NE 71ST ST
BOCA RATON, FL 33487-2436 USA

Ship Method: USPS First-Class
Order No: 75752764

709

PANEL, NUTRIENT - ID#: 373920

Tests	Result	Flag	Units	Reference Interval	Lab
<u>Vitamin B12 and Folate</u>					
Vitamin B12	406		pg/mL	211-946	TA
Folate (Folic Acid), Serum	11.2		ng/mL	>3.0	TA
A serum folate concentration of less than 3.1 ng/mL is considered to represent clinical deficiency.					
<u>Vitamin D, 25-Hydroxy</u>					
Vitamin D, 25-Hydroxy	24.8	Low	ng/mL	30.0-100.0	TA
Vitamin D deficiency has been defined by the Institute of Medicine and an Endocrine Society practice guideline as a level of serum 25-OH vitamin D less than 20 ng/mL (1,2). The Endocrine Society went on to further define vitamin D insufficiency as a level between 21 and 29 ng/mL (2).					
1. IOM (Institute of Medicine). 2010. Dietary reference intakes for calcium and D. Washington DC: The National Academies Press.					
2. Holick MF, Binkley NC, Bischoff-Ferrari HA, et al. Evaluation, treatment, and prevention of vitamin D deficiency: an Endocrine Society clinical practice guideline. JCEM. 2011 Jul; 96(7):1911-30.					
<u>Coenzyme Q10, Total</u>					
Coenzyme Q10, Total	3.40	High	ug/mL	0.37-2.20	BN
<u>Vitamin C</u>					
Vitamin C	1.0		mg/dL	0.2-2.0	BN
<u>Zinc, Plasma or Serum</u>					
Zinc, Plasma or Serum	101		ug/dL	56-134	BN
Detection Limit = 5					
<u>Vitamin A, Serum</u>					
Vitamin A, Serum	66		ug/dL	18-77	BN
<u>Magnesium, RBC</u>					
Magnesium, RBC	4.5		mg/dL	4.2-6.8	BN
<u>Selenium, Serum/Plasma</u>					
Selenium, Serum/Plasma	150		ug/L	79-326	BN
Detection Limit = 10					

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Lab	Facility	Director	Phone
TA	LabCorp T 5610 W LaSalle Street, Tampa, FL,	Farrier, Farrier	800-877-5227
BN	LabCorp B 1447 York Court, Burlington, NC,	F, F	800-762-4344

For inquiries, the physician may contact the above locations.

Thank you for ordering your lab tests through Life Extension/National Diagnostics, Inc. If you would like to discuss your results please call us at 1-800-208-3444. In order to ensure your privacy we ask that you have a copy of your results in front of you when making the call, as you will be asked to provide a specimen number or other identifier from the report. Our advisory team WILL NOT be able to review your lab results with you, unless you are able to provide this information from the report. We also understand that there are times when you will want to review a family members blood test results with our staff. Although Life Extension is happy to comply with these requests, permission (either verbally or in writing) must be given by the person who took the blood tests in order for us to do so. Thank you for your cooperation with these policies as we endeavor to keep your blood test results secure.

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